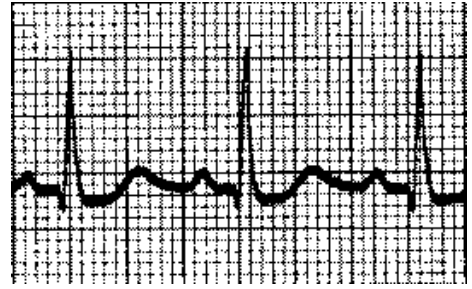


# FOLLOW-THROUGH

## “Energy for a Fulfilled Life”

Sermon 2 in the Series “ALIVE!” based on Colossians  
Small Group Discussion around the Sunday Message  
January 14, 2007



### Introduction

1. Read Colossians 1:15-20. Many think these verses form one of the earliest creeds of the Christian Church, affirming who Jesus is and what He has accomplished.
2. Find the phrases in the passage that confirm the following about Jesus:
  - He is fully God.
  - He created the universe.
  - He rules the church.
  - He's the glue that holds the universe together.
  - He's the purpose, the destination of our lives.
  - He even has power over death.

### Putting the Passage to Work

1. How do vss. 15-20 provide answers to these big questions:
  - Where did I come from?
  - Where am I going?
  - Why am I here?
  - Who am I?
2. What drains your energy, leaving you tired, fatigued, or even defeated?
3. When have you become hooked and maybe even trapped in a power struggle?
4. Paul saw Jesus on the throne of the universe and on the throne of his life? Are there areas of your life where you have yet to enthrone Jesus? What are they? Why is it so important for you to be in control of these areas?

### Digging Deeper

1. Now read vss. 28-29. Look especially at vs. 29.
  - What was the new-found purpose Paul found for his life?
  - How was Paul empowered for this purpose? Look especially at the pronouns in vs. 29.
  - If you really believed this verse and Philippians 4:13, what seemingly impossible task would you consider undertaking.
2. Close with prayer.