



Session I

A Day in the Life of a Disciple

I. MEET J.D., DISCIPLE

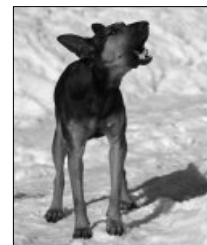
Male ~ 33 years old ~ product engineer, 3M ~ married to Jane, a CPA, small firm ~ two kids, Amy, age 6 (1st grade), and Henry, age 3 (day care) ~ revitalized Christian since he was 25 ~ regular in worship ~ ushers, belongs to small group with Jane and four other couples, and participates in a variety of community ministries through the church



2. A DAY IN THE LIFE OF JOHN DISICPLE (J.D.)

Participants are asked to actively develop a Christian disciple's approach to each of the events and opportunities throughout the day. How could J.D. go wrong? What's the best disciple's response?

- 6:15 am
J.D. awakes to the sound of the alarm and WCCO. Lying in bed, after preparing emotionally to hear Sid Hartman in a few minutes, he considers what he will bring to the Lord in prayer.
Scripture: Psalm 5
- 6:20 am
The neighbor's dog interrupts J.D.'s prayers by its incessant barking. J. D. would like to shoot the dog or his neighbor for these early morning canine fits. He hasn't said anything about it yet to his neighbor. It's been going on for 7 years.
Scripture: Ephesians 4:26-27
- 7:15 am
On the way to his son, Henry's, day care and 3M, J.D. gets a cell phone call from his wife, Jane, telling him that Amy is sick. She'll need to stay home today. Jane wonders if J.D. can stay with her and take a day off from work. J.D. reminds Jane that his project team has a crucial presentation before their supervisor and vice president today. Upset, she tell J.D., "It just seems like your job is always more important than mine! Fine," she says, "I'll take the duty AGAIN!" She hangs up.
Scripture: Ephesians 5:25; 1 Thessalonians 5:17
- 9:30 am
During their presentation, J.D.'s team leader makes exaggerated claims for their product. Worse, positive test results are claimed when the tests were never run. J.D. is completely blind-sided and shocked. The team member is a Christian.
Scripture: Proverbs 30:8; Ephesians 4:15
- 11:30 am
J.D.'s immediate supervisor informs him that the team member who lied in the presentation has been asked to resign. She was aware that no test had been made. The supervisor asks J.D. to convene his team to stay through supper tonight to secure testing for the product and



formulate a new schedule for the product's development, J.D. thinks of Jane at home with Amy and his need to pick up Henry at day care.

Scripture: Philippians 2:3-4; 1 Thessalonians 5:17

○ 12 Noon

At lunch, J.D. hears a long-time colleague and friend, Laura, say that she and her husband are getting divorced. She knows J.D. is a Christian and asks what the Bible really says about divorce. "Is it a sin?" she wonders out loud. She even asks, "Will I go to hell if I divorce Bill (her husband)?" J.D. struggles to respond. Laura is blunt to say that Bill has had an affair. J.D. begins his response.

Scripture: 1 Peter 3:15

○ 1:30 pm

J.D. convenes his team to begin the tedious work of cleaning up the mess from the misleading report and getting the necessary testing under way. The work is intense and the team struggles with their terminated leader's actions and now absence. Jim feels the tension as his team members struggle with his new role.



Scripture: Colossians 3:23-24; Hebrews 12:15; Philippians 2:5-8; 1 Thessalonians 5:17

○ 4:00 pm

J.D. feels better about the direction his team is taking. The tests are ordered and will take a week to complete. He sees that the new development plan could be completed over the week instead of today. He wants to tell his supervisor that he'd like to go home by 5:00 because of Amy being sick and Henry needing to be picked up. He hesitates, though. Not staying into the evening could ruin his chances to become permanent team leader.

Scripture: Matthew 6:33-34

○ 6:00 pm

After picking up Henry at day care, J.D. arrives home. Amy's feeling a little better. Jane is angry over losing a day of work. She doesn't know about J.D.'s day, and she doesn't ask. They are at the table for dinner, which Jane has prepared. They all pray, "Come, Lord Jesus..." Conversation focuses on the kids' day. Jane is distant.

Scripture: Philippians 4:6-8; 1 Thessalonians 5:11, 15

○ 7:00 pm

J.D. has cleared the table and washed the dishes. He remembers he has a 7:30 meeting tonight at church focused on long range plans for the church's outreach. He doesn't want to go, given the situation at home.

Scripture: Philippians 1:9-11

○ 8:00 pm

J.D. has stayed home. Jane and he have put the kids to bed. He wants to talk.

Scripture: Psalm 141:3; Galatians 5:22-23

○ 10:30 pm

The talk with Jane went well. J.D. agreed he needed to be more sensitive to her work commitments. They both gave the forgiveness each needed. Jane's upstairs getting ready for bed. J.D. has some quiet time at the end of the day. The dog next door is planning his bark.

Scripture: Psalm 141:2; Psalm 28:7

