



SESSION 6

ABILITIES

The difference between an ordinary day and an extraordinary day is not so much what you do, but who you do it for

APPLYING MY ABILITIES

- *“I (God)...have given him skill, ability, and knowledge in all kinds of crafts.... Exodus 31:3*
- *“There are different abilities to perform service.” 1 Cor. 12:6*
- *“God has given each of us the ability to do certain things well.” Romans 12:6a*

With a “laundry list” of 3000-4000 abilities, everyone can contribute

MISCONCEPTIONS ABOUT ABILITIES

MYTH #1:

- People aren't born with skills. All skills must be learned by experience.

REALITY:

- There are a number of talents which seem to be inborn, or developed very early in infancy. When people say “He/she just seems to have a natural talent for it” it's probably true.

MYTH #2:

- Those skills which must be learned are learned primarily in the classroom.

REALITY:

- You're probably using a number of skills that you are not even aware of. You need the process of skill identification.

MYTH #4:

- Skills that I use at work are only usable in that environment. I couldn't use them in ministry.

REALITY:

- Hopefully, by the end of this class, you'll see the fallacy of this idea. Be creative!

MYTH #5:

- Most people only have a very few abilities.

REALITY:

- The truth is that many national studies have proven that the average person possesses from 500-700 different skills.

HIGHLIGHTS OF THE THINGS YOU DID WELL AND ENJOYED (from HEART)

During my grade school years:

- 1. _____
- 2. _____

As a teenager:

- 1. _____
- 2. _____

In college or early 20's:

- 1. _____
- 2. _____
- 3. _____

In my "thirty-something" years:

- 1. _____
- 2. _____
- 3. _____

Complete up to your present:

- 1. _____
- 2. _____
- 3. _____

PLUGGING YOUR ABILITIES INTO YOUR PROFILE

- 1. My current vocation is: _____
- 2. Other job skills I have experience in are:
 - a. _____
 - b. _____
 - c. _____
- 3. I feel like I have these specialized abilities:
 - a. _____
 - b. _____
 - c. _____
- 4. I've taught class on:
 - a. _____
 - b. _____

DISCOVERING YOUR MOTIVATED ABILITIES

ABILITY	LOVE IT	LIKE IT	LIVE WITHOUT
Adapting			
Administering			
Analyzing			
Building			
Coaching			
Communicating			
Competing			
Computing			
Connecting			
Consulting			
Cooking			
Coordinating			
Counseling			
Decorating			
Designing			
Developing			
Directing			
Editing			
Encouraging			
Engineering			
Facilitating			
Forecasting			
Implementing			
Improving			
Influencing			
Landscaping			
Leading			
Learning			
Managing			
Mentoring			
Motivating			
Negotiating			
Operating			
Organizing			
Performing			
Pioneering			
Planning			
Promoting			
Recruiting			
Repairing			
Researching			
Resourcing			

Serving			
Strategizing			
Teaching			
Translating			
Traveling			
Visualizing			
Welcoming			
Writing			

My top three (to five) abilities are:

1. _____
2. _____
3. _____
4. _____
5. _____

EXPRESSING WHAT YOU LOVE TO DO

What are some ways you can use the things you love to do to make little deposits of love this next week:

1. In your home:

2. At work:

3. At church:

4. In your small group:

“The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it.”

Michelangelo