

THE NEWSLETTER

FEBRUARY 2012

SEARCHING FOR QUALITY TIME

Gary Chapman is the author of the best-selling Five Love Languages series of books, and also the director of Marriage and Family Life Consultants, Inc. In The Five Love Languages, Dr. Chapman reveals how different people express love in different ways. In fact, there are five specific love languages: Quality Time, Words of Affirmation, Gifts, Acts of Service, and Physical Touch. The goal is to learn a loved one's love language and express love to them in their love language.

Quality time is one of the love languages that seems to be common for most people. Perhaps, this is because God created us to be in relationship with God and one another. It is about togetherness. Dr. Chapman in his book writes, "It means we are doing something together and that we are giving our full attention to the other person...The important thing about the father rolling the ball to the two-year-old is not the activity itself, but the emotions that are created between the father and his child."

So, how do you define quality time? How much quality time have you scheduled with God, your spouse, your kids—yourself? God, spouse, kids... you need to have that time of focused attention. But we live in a world that is full of "shiny objects" that easily changes our focus and makes us believe that other things and experiences are more important. The result is that we feel drained and isolated, even though we are surrounded by people and opportunities. It is easier to text than to have face to face interaction. How is that good for any of us; especially when people say they are lonely and looking for community? The tragedy is that community for many people is found on Facebook or one of the other social networking sites.

To be healthy spiritually, emotionally and physically, we all need quality time interaction. For example, couples who pray together have a higher level of marital satisfaction than couples who don't. Children who are read to benefit not only on an educational, but experience the closeness and interaction that comes from reading together. Research shows that frequent family dinners (five or more a week), are associated with lower rates of smoking, drinking, and illegal drug use in pre-teens and teenagers when compared to families that eat together two or fewer times per week. Even as the schedules of your older children get more complicated, it is important to make an effort to eat meals together. Research has shown that children who see their parents study God's Word, pray with them, and model regular church attendance are more likely to carry that faith to college and beyond.

This February, we're going to take some time to look at and evaluate what "quality time" is, and how it can transform the relationships you have within your families. For instance, if you look at a typical week in the life of your family...how many hours per week do you spend in "quality time" with each other? Perhaps even more interesting would be a look at how many hours you're separated from each other as a family.

What makes up "quality time"? Is it having dinner together with the TV on? Is it driving to an after school activity while chowing down on take-out? Is it doing chores on a Saturday morning? Does it have to cost money? Is it making a meal together? Going to a movie? Having a family game night? Is it going to worship together? In the end, we all have to decide what works and constitutes "quality time" for our families. Taking the time to ponder and re-think the rut we may be in could result in a valuable transformation for many of our family relationships.

---Jane Dibbern, Family Ministries and Nancy Schubbe, Children's Ministries



Baptisms

Abigail Helena Haglin
 Claire Annabelle Lange
 Colton Henry Longworth

Weddings

Ann Roehrig & Steve St. Jacque
 Todd Rizzardi & Bonnie Brewer

Loss of a Loved One

Elaine Schlenner ~ brother-in-law,
 Leonard
 Gerald Moran ~ brother, David
 Greg Richie ~ friend, Chris
 Janice Jones ~ friend, Kari
 Family & friends of Monique Carlson

Service Times**Sundays:**

Sanctuary 8:00 & 10:45 a.m.
 Genesis 9:00 & 10:45 a.m.

Saturday:

Journey, 5:00 p.m.

Office & Mailing Address:

7380 Afton Road
 Woodbury, MN 55125

Office Hours:

Mon. – Thurs.: 9 a.m. – 4:30 p.m.
 Friday: 9 a.m. – 4 p.m.

Phone: (651) 739-5144

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Website:

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Through My Window

Pastor Dean plans to retire in February, 2013. In a series of articles this year he offers observations on ministry, leadership, and the church.

What I Wanted to Say and Should Have Said But Didn't and Now Wish I Had

Many pastors, I think, are pretty sure they should write a book when they retire. Most shouldn't. It's hard for us to say anything fresh that hasn't been said before, especially when we're on the waning end of ministry. In my weaker moments, though, when I think about such a book, I seem to keep coming back to a title that matches the title of this article, *What I Wanted to Say and Should Have Said But Didn't and Now Wish I Had*. I know. It would have to have a large cover.

Sometimes we pastors simply fail to tell the truth. It's not that we lie; we just don't say what we really want to say. We are gentle types, who like to be liked. We're slow to judge, slow to criticize, and, unfortunately, therefore, slow to "speak the truth in love" (Ephesians 4:15).

That brings me to a list of things I just haven't said enough with people who have come expecting straight talk from someone speaks for God. Here are some things I wish I would have said more often because they were truths people needed to hear. They could be the chapter headings in the book I probably won't write.

1. "Forgive the quality of my sermon this morning. It's another 'Saturday Night Special.'"
2. "What you did was wrong, and it broke God's heart. If you're ready to repent, I'm ready to pray with you."
3. "Grow up."
4. "Quit playing God."
5. "Continue on this course, and you will destroy your marriage."
6. "Christians don't behave that way with fellow Christians."
7. "Carrying your guilt the way you do cheapens the price Christ paid for your forgiveness."
8. "You talk too much."
9. "Let's sing that hymn again because God just heard a bunch of tired mumbling."
10. "Would the guy sound asleep in the third row please WAKE UP?!"
11. "This meeting isn't accomplishing anything for the kingdom. Let's go home and pray instead."
12. "The exalted will be humbled."

Sometimes in our gentle grace or in our insecurity, we swallow the truth. The truth can be hard, but when offered in genuine love and concern, it paves the way to growth and freedom. We earn the right to speak the hard truth as we live in fellowship with Christ and with one another. The New Testament calls that the ministry of "admonition." I've said things like those above, but not nearly enough.

—Dean Nadasdy, Senior Pastor



HOPE FOR THE HOMELESS

Have you ever wondered what it might be like to spend an evening with a family who is actually homeless? Maybe it's a family with several small children or a single mother with her young baby. There are many homeless families right in our area.

Ramsey County has a permanent shelter for homeless families in Maplewood. That shelter is almost always over capacity, and they need overflow facilities. That's where Project Home comes in.

Project Home makes arrangements for two churches every month to be available to house overflow families. For the sixth consecutive year, WLC will be one of these host churches. Every night during the month of March, WLC will be "home" for several families who don't have a home to sleep in.

Each evening in March, homeless families will be arriving at our church at 6 p.m. We'll provide them with a safe, comfortable place to have a snack, use clean bathrooms, and sleep. They are picked up by vans each morning around 7:30 and taken to St. Paul to a "day center."

WLC will house a maximum of 20 people each night. Most of our guests will be children, since this is a program only for families. We will use the Daniel Room downstairs, and will set up dividers to make "rooms" for each of the families. All supplies and food are provided by Project Home; we just need to supply caring, loving hosts for our guests who are in need. This is a great opportunity for us to serve the poor and do something very tangible for them. It's an opportunity for each of us to come and be a friend, listen to and talk with the guests, and play with their children. It's a great chance for a family to serve together or a small group of friends or neighbors.

Volunteers of all ages are welcome. The kids in the shelter love playing with our kids. There are two shifts every night. The first is from 5:30 to 8:30. This is when the families arrive, have a snack, and prepare for the night. The second shift is from 8:00 p.m. to 7:30 a.m. (or 9:30 on weekends). This second shift requires the volunteers to sleep at the church overnight. But at least you get to sleep, and Project Home provides roll-away beds.

This March, please consider joining the effort to provide a safe, comfortable and welcoming shelter to homeless families here at Woodbury Lutheran Church.

"Whatever you do to the least of these, you do unto Me." Come and serve the homeless right here at our church! Come and serve Jesus!

How can I help?

Evening Shelter Hosts volunteer from 5:30 to 8:30. Responsibilities include greeting shelter guests, serving a healthy evening snack, playing and reading with teens and children, conversing with guests and briefing the Overnight Shelter Hosts.

Overnight Shelter Hosts volunteer from 8:00pm to 7:30am or 9:30am on weekends. Main responsibilities include playing and reading with teens and children, conversing with guests, securing the facility before bedtime, waking guests up, and setting out a light breakfast.

You may also donate supplies. All supplies are provided by Project Home, but any donations we can get are greatly appreciated. Needed items include socks and underwear (all sizes); disposable diapers; baby wipes; used bath towels and wash cloths; cereal; healthy snacks; juice; 2% milk, and sandwich meat.

Please drop off items in the box by the information desk starting Feb. 12.

Pray! A Prayer Team will meet weekly to pray for our guests and for this outreach.

There is a training session scheduled for February 27 at 7:00 pm in the Fireside Room. Contact Connie Sabbann at msabbann@usgo.net if you have questions or want to sign up.



Yesterday

I often think of the Beetle's song when I see the word yesterday standing alone. I remember the lyric "All my troubles seemed so far away..."

My today is cluttered and feels like that corner of the garage that gathers all the windblown dead leaves that weren't captured by the rake. You remember yesterday don't you? There wasn't today's regret yesterday. The death, divorce, job loss, illness or other event that changes everything hadn't happened. My heart didn't hurt and my mind wasn't stuck re-playing thoughts over and over again like on needle on a vinyl 33 1/3.

In the song, Yesterday, there's a longing for how things were. My longing is to go back and try to change something left undone or undo something in hopes to make today different. Lately I've been dragging yesterday around in my today. It's a heavy yesterday.

There's a quote that puts words to the experience of my yesterday and tomorrow focus. It goes something like "Sorrow and grief look back; Worry and anxiety look ahead; Faith looks up."

Take heart all you with a heavy or anxious heart. God gives us hope and direction. There is wisdom to be learned and practiced in his Word. Shifting my focus up towards God is the remedy for yesterday and tomorrow. This is where we find comfort.



God says, "Mary, drop that heavy yesterday you have placed around your neck."

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30

God says, "Live in me today, Mary."

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Psalm 91:1-2

God says, "I am close to you Mary. Pray to me when you worry. Let me give you peace."

Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:5-7

Mary Lehman is a Spiritual Director and is equipped to meet with individuals to be a help in spiritual practices including prayer, seeing God in the yesterdays and today's. If you would like to meet with Mary call her at the church office 651-739-5144 x201

Save the Date for WLC Women’s Ministry Events and Opportunities!

Mark your calendar!

There will be more information on all of these events coming soon.



Heart and Soul

Sunday, March 25th
6:30—8:00 pm
Speaker announced soon.



Heart and Soul

Sunday, May 6th
6:30—8:00 pm.



Women's Retreat

April 20 and Saturday, April 21.
Onsite at Woodbury Lutheran.: Friday, We meet Friday evening then go home to the comfort of our own bed, return Saturday morning—Details coming soon!



Women's Retreat

Friday, May 4th and Saturday, May 5th
Offsite at Mount Olivet Retreat Center in Farmington: Study the Word, Contemplative Prayer, Fun and Crafts.

TAKE A NIGHT OFF FROM MAKING DINNER ON WEDNESDAY

Night off Wednesdays happens every year during Lent. For more years than I can remember, every Wednesday evening during Lent before worship a tasty meal has been served. Recently, it’s been a catered soup dinner with salad and dessert.

This has also been called “the Christian happy hour.” It is a time to break bread, catch up with friends and meet new friends. The meals are served in the Genesis Room from 5:15 to 6:15. The meals are served to you by various groups in ministry. The first week we put the staff to work. Other groups that have served are the Elders and Council; Celebrate Recovery; Agape4 Groups; Via de Cristo, Disability Ministry. Worship begins at 6:30.

Cost is kept low \$5 per person, \$20 max for a family.

Lent Soup Dinners start Ash Wednesday, February 22. We will be serving Chili and Fixings and Vegetable Soup.



February

1	Gene Bruesehoff Samuel Figilmiller Suzanne Horning Michele Kamholz Robert Johnson Timothy Lopez Jan Miller Sarah Petrich Heather Sandstrom Alexander Schreiner Michael Slaughter Kris Sweet Lauren Wess	Elizabeth Radecki	Zach Droel	Deb Hebert	Paula Powell
		7	Casey White	Mackenzie Hoffman	Nic Yee
			13	Sandy Lark	Cooper Taplin
			Shannon Grimmer	Jennifer Hoffbeck	Nicole Nelson
			Jerry Haines	Kenny Nelson	24
			Sonja Sowders	Lynn Rizzardi	Roger Jensen
			Addison Strohfus	Daniel Meyer	Merriell Pieper
			Lisa Hall	Kristin Stein	Adalyn McKinley
			Mitchell Iloff	19	Heather Kiedrowski
			Cindy Johnson	Julie Van Elswyk	Karen Golding
			Matthew Smith	Andrea O'Keefe	Justin Hanson
			Elisabeth Speckhard	Tony Reberg	Hadley Burger
			Samuel Speckhard	Konnie Harstad	Tina Pokrandt
			Caitlin Weixel	Addison Johnson	Benjamin Freier
			Gerald Dittmann	Jaidn Mohlenhoff	25
			Brooke Lynch	Steven Widen	Kim Hughes
			Michael Theis	Nathan Williams	Jim Jensen II
			Kimberly Scibak	Erin Schaefer	Peter Karlstrand
			Linda Arney	20	Mavis Shriver
			Thomas Speckhard	Diane Baran	Michelle Hartinger
			Alexander Michel	Cindy Hoffbeck	Roger Strharsky
			Nikki Carlson	Margarite Thoele	Cathy Yee
			Campbell Robillard	Adalyn Mueller	26
			Parker Taveime	Cheryl Hilgemann	Tracy Gardner
			Ashley Gazdik	Rachel Mueller	Charles Herpolsheimer
			Muriel Gimble	Lucas Vannet	Peyton Henderson
			Elsie Thomas	Grace Kelly	Erin Powell
			Dena Schull	21	Thomas Camilli
			Larry Lombard	Matt LeClair	Mike Pokrandt
			Ava Jackson	Terri Swanson	Michael Peter
			Amelia Casas	Mildred Roznick	Elaine Southward
			Robert Kamholz	Janice Masanz	Skylar Swenson
			Candi McCausland	Les Layton	Andrea Wachal
			Molly McNeely	Marsha Devine	Dean Wohlhuter
			Beverly Diederich	Monique O'Donnell	Cheryl Roesler
			Halley Boesen	Gladys Westin	27
			Tad Klasinski	Zach Gehl	Brian Brady
			Hal Shaver	22	Emily Layer
			Jecoaah Cedarbloom	Victory Cox	Dylan Granholm
			Brenda Franklin	Amanda Kohlbeck	Quinn Stoerzinger
			Jeremy Craven	Julie Huber	Daniel Runge
			James Schuster	Kobe Kang	Bethany Breiholz
			Lyn Wilkie	Gail Mullaney	Madison Nystel
			Michael Bjornson	23	Rita Aron
			Ed Erickson	Kaye Bradshaw	Andrew Olson
			Denise Golla	Andrew Calvin	28
			Lexie Gutzmann	Aaron Wachholz	Ellyn Barker
			Charles Kenow	Tyler Coleman	Elaine Feider
			Todd Klusmann	Shane Madsen	Ellein McDaniel
			Ashley Knippenberg	Melissa Wall	Nicholas Muenstermann
			William Traynor	Deane Schuessler	Samuel Muenstermann
			Sandra Petrich	Jeanie Yee	Anthony Vik
			Alyssa MacLeod	23	Charlotte Vossen
			Barbara Vik	Mark Jones	Cole Peterson
			Janice Zeller	Tamara Karlstrand	Adeline Burger
				Jamie Webb	Paul Cronin
				Raquel Beucler	29
				Dean Danner	Walter Bender
				Sophie Moccia	Tyler Hebert
				Aubrey Strohfus	Robert Menge
				Marisa Rist	

Birthdays

& Anniversaries

1	Dale & Ruth Montbriand	7	Joseph & Sarah Miner	15	Mike & Carrie Steffel	23	Richard & Betty Gauger
2	Mike & Debra Heggernes	8	Timothy & Kathleen McNeely	16	Norm & Vi Alrick	24	Steven & Kris Carlson
	John & Beth Welsh	11	Bob & Karen Johnson		Robert & Elsie Thomas		Troy & Krista Hobot
3	Eric & Kim Sandrock	12	Jerry & Peggy Haines	17	Mark & Linda Erickson	25	Gerald & Barbara Groth
	Joseph & Judith Adams		Richard & Diane Kruger	18	Adam & Glennae Meyer		Steve & Elaina Hane
	Perry & Kelly Rogotzke	14	John & Faye Coffey		Jim & Deborah Maves		Daniel & Margaret Krause
	Mike & Holly Rollefson		Jeff & Sarah Yonkovich	20	Steve & Harriett Porter	26	Cal & Kathy Janacek
5	Ed & Phyllis Dicke		Joel & Lorreen Mohlenhoff	21	Paul & Kim Dolan	28	Gary & Teresa Kanne
	Scott & Janice Loula		John & Jean Rock	22	Perry & Michele Eggers		

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15am WOW 10:30am Our Choice 12:15pm Mitten - Jewelry 3:30pm Open Bridge 5:30pm Church Mouse 5:50pm Celebration 6:00pm JuBELLee Rng 6:30pm Foundations 6:30pm P. Dean's Bib. St 6:30pm Sr. High Min. 7:00pm WL Chorale 8:30pm Praise Team	2 3:30pm Open Bridge 6:30pm People of Faith Bible Study 6:30pm Genesis Rehearsal Team 7:30pm AA	3 10:00am Overeaters Anon. 6:30pm Chick Flick	4 6:30am Men's Open Bible Study 9:30am Baptism Class 5:00pm Journey Worship
5 8:00am Sanctuary 9:00am Genesis (C) 9:20am Sunday School 9:20am Powerhouse 9:20am Sunday Impact 10:45am Sanctuary 10:45am Genesis (C) 6:00pm NA 7:00pm Brass Ensemble	6 10:00am Soaring Eagles Men's Bible Study 7:00pm Boy Scout Troop 559 7:30pm AA 7:30pm Al-Anon	7 3:30pm Open Bridge 6:00pm Praise Band 6:30pm Sixers 6:30pm TNT 6:30pm Mission Board 7:30pm Praise Team	8 9:15am WOW 10:30am Our Choice 12:15pm Mitten - Jewelry 3:30pm Open Bridge 5:30pm Church Mouse 5:50pm Celebration 6:00pm JuBELLee Rng 6:30pm Foundations 6:30pm Foundations: All Dressed Up 6:30pm P. Dean's Bib. St 6:30pm Sr. High Min. 7:00pm WL Chorale	9 3:30pm Open Bridge 6:30pm Celebrate Rec. 7:00pm Career Transition 7:30pm AA	10 10:00am Overeaters Anon.	11 6:30am Men's Open Bible Study 5:00pm Journey Worship/Meal
12 8:00am Sanctuary (C) 9:00am Genesis 9:20am Sunday School 9:20am Powerhouse 9:20am Sunday Impact 10:45am Sanctuary (C) 10:45am Genesis 11:30am Hearts & Hands 6:00pm NA	13 10:00am Soaring Eagles Men's Bible Study 7:00pm Boy Scout Troop 559 7:00pm Church Council 7:30pm AA 7:30pm Al-Anon	14 3:30pm Open Bridge 6:00pm Praise Band 6:30pm TNT 6:30pm Holy Communion Class 7:00pm Elders	15 9:15am WOW 10:30am Our Choice 12:15pm Mitten - Jewelry 3:30pm Open Bridge 5:30pm Church Mouse 5:50pm Celebration 6:00pm JuBELLee Rng 6:30pm Foundations 6:30pm P. Dean's Bib. St 6:30pm Sr. High Min. 7:30pm WL Chorale 8:30pm Praise Team	16 3:30pm Open Bridge 6:30pm People of Faith Bible Study 6:30pm Military Support 6:30pm Celebrate Rec. 6:30pm Genesis Rehearsal Team 7:30pm AA	17 10:00am Overeaters Anon.	18 6:30am Men's Open Bible Study 5:00pm Bible Study 5:30pm Journey Worship 5:30pm Respite Care
19 8:00am Sanctuary 9:00am Genesis (C) 9:20am Sunday School 9:20am Powerhouse 9:20am Sunday Impact 10:45am Sanctuary 10:45am Genesis (C) 12:00pm Healing Service 6:00pm NA 7:00pm Brass Ensemble	20 10:00am Soaring Eagles Men's Bible Study 6:00pm New Member Dinner 7:00pm Boy Scout Troop 559 PLC/Parent 7:30pm AA 7:30pm Al-Anon	21 3:30pm Open Bridge 6:00pm Praise Band 6:30pm TNT 6:30pm Holy Communion Class 7:30pm Praise Team	22 10:30am Our Choice 12:00pm Ash Wed. Noon Worship 12:15pm Mitten - Jewelry Ladies 3:30pm Open Bridge 5:15pm Lenten Dinners 5:30pm Church Mouse 5:40pm JuBELLee Rng 6:30pm Ash Wed. Lenten Vespers 6:30pm Sr. High Min. 7:30pm WL Chorale	23 3:30pm Open Bridge 6:30pm People of Faith Bible Study 6:30pm Celebrate Rec. 6:30pm Genesis Rehearsal Team 7:00pm Career Transition 7:30pm AA	24 10:00am Overeaters Anon.	25 6:30am Men's Open Bible Study 9:00am Journey to Fin. Freedom 5:00pm Journey Worship
26 8:00am Sanctuary (C) 9:00am Genesis 9:20am Sunday School 9:20am Powerhouse 9:20am Sunday Impact 10:45am Sanctuary (C) 10:45am Genesis 6:00pm NA	27 10:00am Soaring Eagles Men's Bible Study 6:30pm Stephen Ministry 7:00pm Boy Scout Troop 559 Project Home Training 7:30pm AA 7:30pm Al-Anon	28 3:30pm Open Bridge 6:00pm Praise Band 6:30pm TNT 6:30pm Holy Communion Class	29 9:15am WOW 10:30am Our Choice 12:00pm Lenten Worship 12:15pm Mitten - Jewelry 3:30pm Open Bridge 5:15pm Lenten Dinners 5:30pm Church Mouse 5:40pm JuBELLee Rng 6:30pm Lenten Vespers 6:30pm Sr. High Min. 7:30pm WL Chorale 8:30pm Praise Team			

February Events

Sunday, February 19, 12:15 p.m. — Healing Service in the Fireside Room.

Sundays, February 5, 12, 19, 26, 9:30 a.m. — Faith and Friends for adults with disabilities. Preschool area.

Sundays, February 5, 12, 19, 26, 2:00 p.m. — Ultimate Frisbee, St. Croix Campus.

Mondays, February 6, 13, 20, 27, 10:00 p.m. — Soaring Eagles Men's Bible Study in Bridge 121. Contact Pastor Tim, 651-739-5144 ext. 221.

Mondays, February 6, 9:00 a.m. — MOPS, contact Jane Dibbern, 651-739-5144 ext 208.

Mondays, February 13, 27, 9:00 a.m. — MOMSnext, contact Jane Dibbern 651-739-5144 ext. 208.

Monday, February 27, 7:00 p.m.—Project Home Training in Fireside Room

Wednesdays, February 1 & 8, 6:30 p.m. –Pastor Dean's Greek Bible Study, Isaiah Room

Thursday, February 2, 7:00 p.m.—Guy's Movie Night in Bridge 121

Thursdays, February 2, 9, 16, 23, 6:45 p.m. — Celebrate Recovery, Paul Room. For information, contact Kaye or Tom, 651-436-5002, or Larry or Vicky at 651-735-7725.

Thursdays, February 9 & 23, 7:00 p.m. — Career Transition Connection, presentations/networking. Meet in Fireside Room. Contact Tom Colosimo, 612-386-3715; Jerry Backlund, 651-501-0548; Dean Galvin, 651-765-0959.

Saturdays, February 4, 11, 18, 25, 5:00 p.m.—Journey Worship in Genesis.

Saturdays, February 4, 11, 18, 25, 6:30 a.m. — Men's Open Bible Study. For more information contact Leo McFarland at 651-455-4828 or Tim Schubbe at 651-578-9893. Meet in The Bridge.

Saturday, February 11, 5:00 p.m. — Soaring Eagles Valentine's Party

Saturday, February 18, 5:00-8:30 p.m. — Time Away Child Care. To register your child for Time Away (children with disabilities only), or to serve as a buddy at Time Away, please contact Sheryl Arend at sheryl.arend@comcast.net or Cheri Frost at 651-730-7052.

Saturday, February 25, 9:00 a.m. — Journey to Financial Freedom, Tom Tibbett and Lori Nixon



MEN'S MOVIE NIGHT

Come see the movie "Courageous" on February 2nd at 7:00 pm in Bridge 121. Men bring your sons. You may start arriving anytime after 6:30pm.